

Skill Builders

Skill Builders is a new Eastern Suburbs programme designed and oriented to develop the basic football skills required to set up a solid Football foundation.

This is a tactical approach programme with focus on tactical principles that develop technical skills in a game scenario. This will give our players the tools they need to become better players.

Some of the topics your child will learn are:

Ball skills, control, dribbling, passing, beating players, jockeying, tackling, etc...

We will be developing technical skills while at the same time teaching “understanding” of the game and improving decision making, before executing.